



7 day

FREE TRIAL

DROP IN OR CALL 503-615-2200

START YOUR FREE TRIAL TODAY!

Print and fill out this form and drop in anytime during our staffed gym hours!

Hours

Mon – Fri: 8 AM – 8 PM

Saturday: 10 AM – 2 PM

Sunday: No Staff

Name: _____

Phone: _____

Email: _____

Please list any health issues that we need to be aware of:
